

HOW TO GET THE MOST OUT OF YOUR

# newborn photoshoot

AT HOME



## CONSIDER COLOURS

The right colours can make your photos even more special

Consider the colours of both your outfit and your baby's outfit, as well as how they will look against the colours already in your home (duvet covers etc). Also be aware that very bright or fluorescent colours leave colour casts on skin. Of course this is only a guide; there's no "dress code" and the most important thing is that everyone feels relaxed, comfortable and like themselves!



## MAKE SURE BABY IS WELL FED

A full baby is a happy baby

Try to time feeds so you are feeding just before I arrive at your house, or just as I arrive. Your baby might need a little top-up between feeds to help them settle during the shoot. We can take as many feeding breaks as your baby needs during the shoot.



## LEAVE TINY FEET UNCOVERED

Hands too!

You want to remember your baby at this perfect, small, squishy stage, and the best way to achieve that is to show off their tiny toes, tiny fingers and - as long as they are warm enough - their adorable little legs and arms. If you want shots of baby toes, remember to choose an outfit with bare feet - sleepsuits and tights are adorable but they hide sweet little toes away! Feel free to have one or two outfits ready for the shoot - wardrobe changes are fine with me.



## INCLUDING AN OLDER SIBLING

A content toddler is a photogenic toddler!

Try to time the photoshoot for when your older child won't be too tired or too hungry. If we can't find the perfect time, and your older child is likely to need to go for their nap or eat a meal at some point in our shoot, please let me know so I can get the photos of them before or after that happens!

Feel free to take toddler snack breaks at any point during the shoot.



SINÉAD PATCHING

photography